

RECIPE

PARMESAN RISOTTO

INGREDIENTS

3 lbs. Arborio rice

3.5 quarts chicken stock

2 cups white wine

½ cup finely diced shallots

8 tbsp. unsalted butter

1 cup grated parmesan

2 tbsp. salt (to taste)

2 tsp. white pepper (to taste)

THINGS YOU NEED

Measuring cup

Measuring spoons

Knife and cutting board

Hotel pan

Sauce pan

Wooden spoon







IN A GROEN STEAMER



Over medium heat, simmer white wine and shallot, reduce by half and set aside



Mix together in a hotel pan—chicken stock, Arborio, wine reduction, salt and white pepper



Place in steamer and set timer for 30 minutes



After 30 minutes remove from steamer and finish with Parmesan and butter, gently stirring with a wooden spoon.



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